

BOOK REVIEW**SEX IS NOT A FOUR LETTER WORD**

By Dr.Sudhakar Krishnamurti, Published by Rupa & Co.

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The caption of this book may startle the reader, each one forming a different impression of the contents of the book from the role of sex in life to sexiness. It is neither. It is a tale of true case histories of persons afflicted with the problems of sex, mostly male who came to him for treatment, but were never disappointed. For, Dr Krishnamurti is not merely an internationally-known andrologist and micro surgeon, and the first Indian doctor to practise exclusive clinical andrology but a narrator par excellence with a penchant for punch, liveliness and humour to make one gulp down the bitter truth as if it was a toffee.

Dr. Krishnamurti has many laurels to his credit. He is the only Asian to win Harbert Newman International Award for original clinical research in sexual medicine, for what is christened as 'Krishnamurti Operation' for a condition called 'Peyronie's' disease. Twice expert Committee member of WHO, Dr. Krishnamurti heads the country's first Andrology centre located in Hyderabad styled "Andromeda" (He can be reached through www.Sudhakarkrishnamurti.com)

Unfortunately in this country where some ancient temples are famed for their sculpture and architecture, which depict female form in its noblest best, which evoke admiration and not lust, where "Kama Sutra" originated, Sex is considered something base, to be despised and not to be talked about, though it is the basis of creation. Sex manuals even giving rudimentary information are read stealthily and sex books are total taboo. Sex education is different from pornographic literature which

misleads the reader with a make-believe world of fantasy divorced from realities, and does incalculable damage to society.

The author feels there is a definite place for a "clean sex education package, accurate and informative, which could contribute to societal and medical welfare with it. This is exactly what the book attempts to do says the author.

Dr. Krishnamurti refers to what he calls a "media explosion in the depiction of brazen sexuality and pornography" which is not synonymous with sex. The author is concerned about the need to educate both men and women not to fight shy to disclose sexual problem with a view to setting them right and lead a normal life. He says while gynecology is known and women are not averse to taking a doctor into confidence about even termination of their pregnancy, andrology, the science of diseases of the male reproductive organs is obscure and men never reveal their defects or deficiencies and are too eager to blame the woman for barrenness.

Dr. Krishnamurti is a favourite columnist of the readers in quite a few newspapers and periodicals. A useful sidelight of the book is what he describes as "Take home message" which is printed at the end of each chapter. This makes things easy for the reader to implement any remedy to a dysfunction facing a patient. The book is readable, states facts without varnishing them or uncovering them to the discomfort and chagrin of the orthodox reader. The author has broken a new path.

P.Vaman Rao