

# DIARY

## DUMB CELEBS

I'd kill myself, if I was as fat as Marilyn Monroe

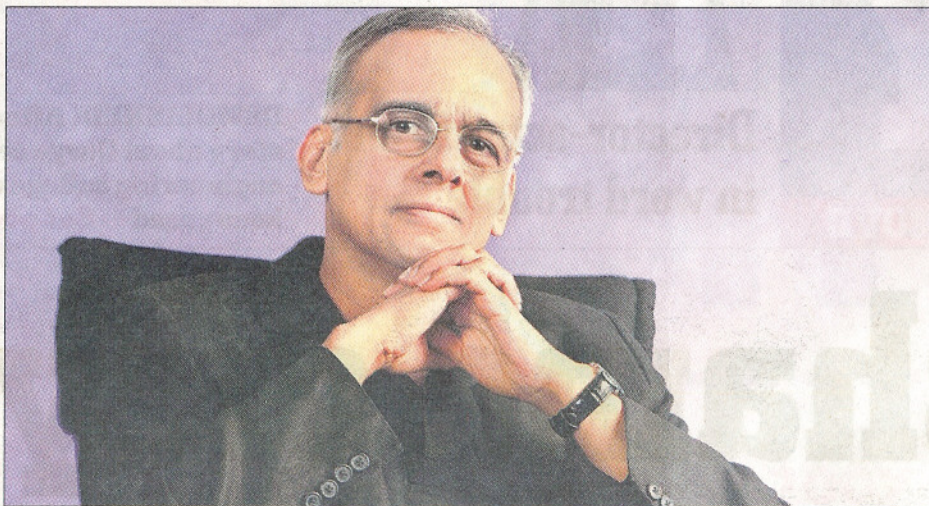
— Liz Hurley



# When you put in an extra x in sex...

A TALL distinguished gentleman, Sudhakar Krishnamurthy, is articulate when it comes to his opinions and they are quite the right fit for India today. An eminent andrologist and a microsurgeon, he won the Herbert Newman International Award thanks to his research. His latest book that was launched recently, *Sexx is Not a Four Letter Word*, fights against the conventions; and brings about a new perspective on sex and how we Indians are so coy about a topic that is so essential to our survival.

In 1993 WHO declared that sex was, "a fundamental human right and an important quality in life-health issues." Well, sex is important and instead of hiding behind the cascade of "dignity" we should step out and be as open about it as we are when complaining about the government or corruption. "We have to stop pretending that one billion babies have been immaculately conceived and



**LET'S TALK:** Sudhakar Krishnamurthy, author of *Sexx is Not a Four Letter Word*, speaks out

face the facts," says Dr Krishnamurthy, with a vehement nod. He is right!

India has a fast-growing number of HIV-infected people and an even larger population just waiting to be infected, out of the sheer ignorance and arrogance.

This sexual epidemic has taken hold of the West and India is not far behind. Transexuals, gays and lesbians are coming out of the closet in droves and all these signs point us towards a new dawn-of sexual awareness.

"We have to realise that

sex is not just personal anymore. It's a macro phenomenon, whether you like it or not!" adds the doctor.

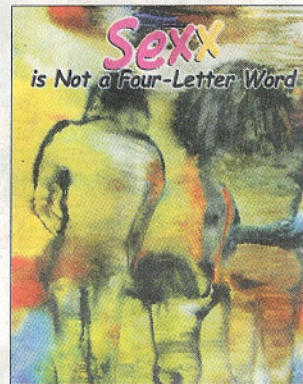
What he believes is that sex should be conveyed to people with a certain "fun" side to it as well. This is what

## AUTHOR SPEAK!

he calls "edutainment." His book has 39 case studies, all drawn from real problems brought to him by his clients, that gradually dispel numerous myths that we harbour in our over-active imaginations and those of us that are too confident of or embarrassed to clarify.

The book is un-put-downable as it has been narrated in such a way as to make you laugh and learn at the same time. Yes, even you know-it-alls will have something to learn and gasp, once you've flipped through a few pages. The book has been priced reasonably, so that it is easily accessible to a large number of people.

*The book is available at all retail outlets in the city*



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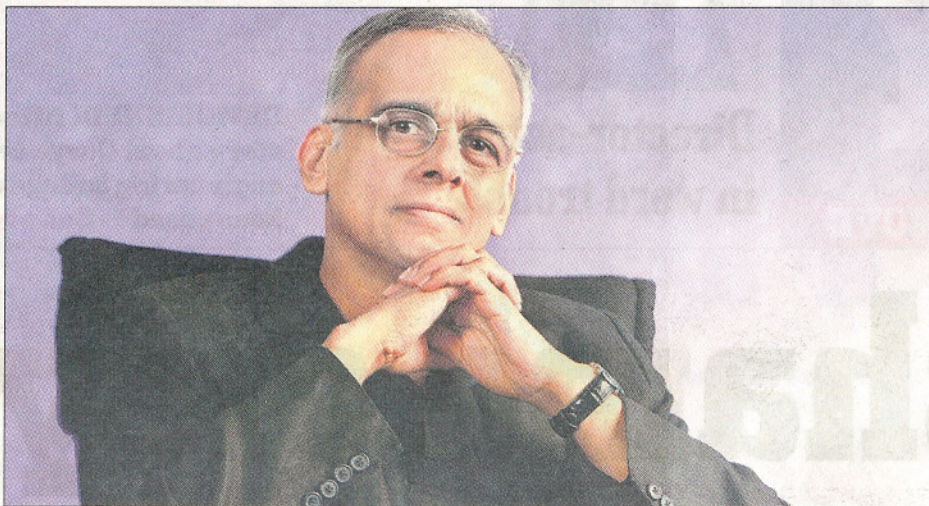
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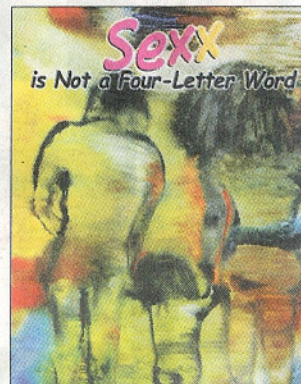
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