Beneath the covers

BOOK Dr. Sudhakar Krishnamurti has launched a book that talks about sex in a fun and entertaining manner

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book on sex is bound to raise a few eyebrows, a few embarrassed glances and a bit of muttering here and there, but what you don't expect from such a book is loads of laughs and instances that sometimes make you wonder if such hilarious situations actually take place. Nonetheless, Dr. Krishnamurti's Sudhakar book- Sex is not a Four-Letter Word, deals with real life issues and narrates real life incidents through amusing anecdotes.

As an internationally recognised andrologist and specialist in the field of sexual medicine, Dr. Krishnamurti has used this book as an attempt to educate, 'silent sufferers.'

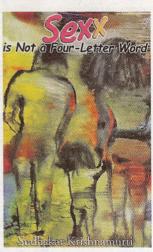
"The book is insightful and covers various issues through a series of fun stories and essays," he explains.

To educate

In certain parts, the book can be a bit, 'in your face' but when you're talking about something this real, there are no two ways about it. The idea of the book, after all, is to educate all the 'sexual ignoramuses' out there and to help people deal with certain



Dr. Sudhakar Krishnamurti and the book (below)



'real life' issues.

The book jacket uses an illustrative painting of Family on the beach done by Dr. Sudhakar's younger sister, Suchitra Krishnamoorthi. "I have used a family picture on the cover to depict that sex means love, family and other such values," he says.

The book covers all topics related to male sexual health and well being, including ones chapters like 'Fallacies about phalluses,' "Men Oh Pause!' and 'Reel Life and Real Life.'

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